



Cognitive Self Change: How Offenders Experience the World and What We Can Do About It

Jack Bush, Daryl M. Harris, Richard J. Parker

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This book draws on the latest literature to highlight a fundamental challenge in offender rehabilitation; it questions the ability of contemporary approaches to address this challenge, and proposes an alternative strategy of criminal justice that integrates control, opportunity, and autonomy.

- Provides an up to date review of the links between cognition and criminal behavior, as well as treatment and rehabilitation
- Engages directly with the antisocial underpinnings of criminal behavior, a major impediment to treatment and rehabilitation
- Outlines a clear strategy for communicating with offenders which is firmly rooted in the “What Works” literature, is evidence-based, and provides a way of engaging even the most antisocial of offenders by presenting them with meaningful opportunities to change
- Offers hands-on instructions based upon the real-life tactics and presentation of the high-risk offender

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