



I sogni, messaggi in codice: 5 (Focus su...) (Italian Edition)

Giuliana Lomazzi, Giovanni Crisanti

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Il sonno e i sogni fanno parte della nostra esistenza, che per un terzo, in media, dovrebbe trascorrere nell'incoscienza del riposo notturno. Oggi, alcuni indirizzi scientifici danno poca importanza ai sogni, nonostante le ricerche svolte all'inizio del Novecento da Freud, Jung e altri eminenti studiosi. Invece nel passato, anche in quello più remoto, nessuno aveva dubbi sul loro valore, ed erano considerati alla stregua di messaggi delle divinità, impossibili da ignorare. Quella dell'interpretazione dei sogni è perciò una storia lunga e avvincente, strettamente intrecciata con tutte le manifestazioni religiose, comprese le pratiche divinatorie con cui a volte si confonde. Questo ebook di facile lettura vuole essere un piccolo manuale di introduzione al significato nascosto dei sogni.

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