



The Tao of Zen (Tuttle Library of Enlightenment)

Ray Grigg

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The premise of *The Tao of Zen* is that Zen is really Taoism in the disguise of Buddhism—an assumption being made by more and more Zen scholars.

This is the first Zen book that links the long-noted philosophical similarities of Taoism and Zen. The author traces the evolution of *Ch'an*

The Tao of Zen is a fascinating book that will be read and discussed by anyone interested in both Taoism and Zen

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