



Towards the Light: Prayers through depression to healing

Denis Duncan

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Early in 2007, after a long and distinguished public ministry, Denis Duncan suffered three crises. One was financial, involving betrayal by someone to whom he had offered substantial help; one concerned a water leak that could not be traced, leading to a potential property disaster; the third was of a personal nature and had serious implications for his future. The result was a period of severe depression. This devotional diary, encompassing morning and evening prayers, charts the author's 'journey into darkness' (Days 1-10), his 'crisis' (Days 11-16), and finally, his 'journey towards the light' (Days 17-40). It has been written to address the very particular needs of those passing through a similar 'dark night of the soul', and offers real encouragement to the reader to believe that healing will be possible.

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