



Bi Men: Coming Out Every Which Way

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A moving and pioneering celebration of the male bisexual self that addresses biphobia in our society

In today's sexual world, both straight and gay and lesbian communities still often refuse to accept the reality of bisexuality. *Bi Men: Coming Out Every Which Way* confronts head-on the limiting views that bisexuality is a transitional phase of sexual evolution or a simple refusal to accept being either homosexual or straight. This pioneering collection of moving personal essays by bisexual men and those who love them explores what it means to be bisexual in today's monosexually oriented society.

The millennial shift in sexual perspectives draws more and more men to come out as being attracted to both women and men. Bisexual and bi-curious men will find comfort and camaraderie in these stories about coming out, its impact on family and marriage, evolving perspectives on bisexuals within the LGBT community, and the building of acceptance and affirmation for bisexuality and polyamory.

The nearly three dozen essays in *Bi Men: Coming Out Every Which Way* are told in the honest words of bisexuals, confirming the validity of their place in the world while illustrating that there are more bi men than anyone ever realized. These diverse and pioneering men's stories reveal a long-disguised and unconventional truth—that bisexuality is a valid lifestyle that does not threaten either sexual camp. Each contributor to this collection affirms the innate fluidity of self, sexuality, family, and community, and proclaims that sexuality is truly diverse in its predispositions and creativity.

Bi Men: Coming Out Every Which Way separates its essays into four parts:

- coming out and personal realization of bisexual nature
- bisexuality's effects on family and marriage
- an examination of the shifting viewpoints of bisexuality within gay communities
- ways in which bisexuals can affirm and respect their own desires and celebrate their sexual selves

These intimate stories address:

- biphobia
- monosexual prejudice
- the impact on marriage
- family issues
- coming out to self, spouse, and family
- political and community issues
- religious and spiritual concerns

Bi Men: Coming Out Every Which Way is a vibrant, reassuring call to bisexuals, the bi-curious, or anybody who knows and loves a bisexual/bi-curious man, to read and more completely understand the unique issues of being bisexual while providing the ultimate affirmation of bisexuality's existence.

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