

Handbook of Comparative Interventions for Adult Disorders



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Handbook of Comparative Interventions for Adult Disorders Second Edition

A recognized leader in the field of psychology, this Second Edition looks at psychodynamic, behavioral, and pharmacological approaches to the most common psychiatric disorders, with a comparison of techniques, theoretical differences, treatment strategies, and case-handling procedures. Along with a comprehensive focus on DSM-IV and a new subsection on prescriptive treatment and managed care, the Second Edition offers the first comparative review of different approaches to specific mental disorders by leading scholars and represents the most current thinking in the field on disorders and treatment, including:

- * Dynamic psychotherapy
- * Behavior therapy
- * Cognitive behavior therapy
- * Social skills training
- * Interpersonal psychotherapy
- * Family network therapy
- * Borderline personality disorder
- * Obsessive-compulsive disorder
- * Alcoholism
- * Depression
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