



# Adipositas bei Kindern und Jugendlichen (German Edition)

*Mendina Morgenthal*

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Studienarbeit aus dem Jahr 2010 im Fachbereich Psychologie - Klinische u. Gesundheitspsychologie, Psychopathologie, Note: 2,3, Technische Universität Dortmund, Sprache: Deutsch, Abstract: Die Anzahl übergewichtiger und adipöser Kinder und Jugendlicher in Deutschland hat in den letzten 20 Jahren deutlich zugenommen. 1990 betrug die Anzahl der übergewichtigen Kinder unter fünf Jahren bereits 18 Millionen [Deutsche Gesellschaft für Ernährung ev. Stand: 24.01.2010]). Wabitsch et al. (2005) sprechen sogar von einer Epidemie der Adipositas.

Gegenstand dieser Hausarbeit wird es sein, sich mit den Ursachen und Faktoren, welche Adipositas begünstigen, den Folgen für Betroffene, sowie der Therapie und Prävention von Adipositas auseinander zu setzen.

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