



# Fit for My King: His Princess 30-Day Diet Plan and Devotional

*Sheri Rose Shepherd*

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# Fit for My King: His Princess 30-Day Diet Plan and Devotional

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## **Fit for My King: His Princess 30-Day Diet Plan and Devotional** Sheri Rose Shepherd

Discover the best health and weight-loss secrets found in God's Word!

In this 30 day journey, the bestselling author of *His Princess* shares how God healed her from an eating disorder, helped her conquer chronic fatigue, and gave her the strength and wisdom to lose over sixty pounds and keep it off. Today, at nearly 50 years old, Sheri Rose is healthy and free. More than a half a million women have been set free through this life changing teaching.

You can win this diet war once and for all! Sheri Rose Shepherd walks through each day with you, supporting you with 30 days of life changing devotions, heartwarming stories, creative cooking, and a daily dose of Scripture to keep you on track. The treasures of truth found in these pages will transform the way you see yourself forever.

It's time to get your girlfriends together and become the best version of you! God loves you and will be with you every step of the way.

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