



Intravitreal Injections: A Handbook for Ophthalmic Nurse Practitioners and Trainee Ophthalmologists

Salman Waqar, Jonathan C Park, Michael D Cole

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Intravitreal injections (injections into the eye) are a new form of treatment for various conditions such as age-related macular degeneration, diabetic eye disease and vascular eye problems. The use of these injections has become so widespread that most departments around the world (and particularly in the U.K) do not have enough doctors to meet the service provision demands of an ever increasing number of patients. Many departments have trialed training ophthalmic nurse practitioners as a solution and the number of such specifically trained nurses is set to rise exponentially in the future. This book is meant to be an easy to carry A5 handbook detailing all that an ophthalmic nurse practitioner needs to know about performing the procedure. It is hoped that the book will also be of benefit to trainee ophthalmologists learning the procedure.

As this is an emerging area of expertise in ophthalmology, currently there exists no other books on the topic. The readers will benefit from having a single resource detailing all that they need to know about the procedure. This means that nurses will not have to cross reference multiple complicated ophthalmic textbooks. As an A5 handbook, it will be easy to carry and reference in clinics. It is deliberately meant to be concise (around 100 pages), thus concentrating only on the core knowledge required.

Contents:

- Introduction
- Basics
- Investigations
- The Technique
- Complications
- Prototype Training Structure
- Setting Up a Wetlab
- Organising a Dedicated Clean Room
- Further Reading
- **Appendices:**
 - Intravitreal Injection Checklist
 - Basic Life Support Algorithm
 - Anaphylaxis Algorithm

Readership: Ophthalmic trainees (residents and registrars) and nurses training as ophthalmic nurse practitioners.

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