

# Chocolate For a Teen's Soul: Lifechanging Stories For Young Women About Growing Wise And Growing Strong

Kay Allenbaugh



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Rich, enticing, and delectable as a luscious box of chocolates, this collection offers 55 tales of life and love as a teenager. From teens of every age, including women who remember what it was like, come stories of first love, first jobs, best friends, heartbreak, hope, innocence, and the real world. Poignant, funny, and powerful, these stories tell it like it is. From the recollection of a first kiss to tales of self-consciousness about a changing body, from painful struggles with parents and grandparents to the joy of abiding family love, teens will see themselves in these pages and find comfort in knowing that they are not alone.

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