



Acupuncture and Chinese Medicine: Roots of Modern Practice

Charles Buck

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Charles Buck draws on three decades of study, practice and teaching in this book to provide a relevant and engaging account of the origins of acupuncture and Chinese medicine. From its pre-Han dynasty roots to Chinese medicine as we know it today, Buck covers the key texts, the main scholars and the concepts they have contributed, emphasising those that are more relevant to clinicians wishing to understand the authentic tradition. The information presented is based on diverse sources including original translations of Chinese sources and interpretations of the work of many prominent medical sinologists. With Buck's lucid and engaging style, *Roots of Modern Practice* provides an accessible and authoritative resource that will help practitioners and students deepen their understanding of this great medical tradition.

A practical and modern appreciation of China's medical wisdom, this book will be of great value to students and practitioners of Chinese medicine and acupuncture, and anyone interested in the roots of this time-honoured medicine.

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