



Shut Up and Sing! a No-Nonsense, Daily Approach for Vocal Students, Teachers, Amateurs and Pros

Sue Willett

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An engaging, funny and entertaining writer, (as well as being a fantastic and experienced singer in the industry), Sue Willett lays out a simple and comprehensive daily approach to singing complete with downloadable exercises, daily worksheets and no-nonsense Mama-like admonishments and love. The book is broken up into three parts - the physical (how the voice works, how to exercise it, build it up, increase range, stamina and power, how to avoid injury and deal with illness), the psychological (dealing with stage fright, auditions, competition, other singers, your own inner demons), and the artistic (how to present yourself, how to perform, how to win over your audience, how to let yourself go in the performance or session, how to dress). Sue Willett knocks down every excuse you have flat. If you are compelled to sing, you must have this book. Sue Willett is the stage mother you never had but wish you did. Stop the excuses and "SHUT UP AND SING!".

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