



The Twilight Mind: Twilight Saga

Julie-Anne Sykley

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The Twilight Saga is not just a vampire tale. It is a powerful psychological thriller about deep desire, self-discovery defying misery and achieving happiness against all odds. Not only will The Twilight Mind give you fascinating psychological insights into Meyer's best-selling novels, it will entertain, educate, and empower you with the best ideas and strategies from psychology. How does psychology fit with vampires, shape-shifters and other Twilight mysteries? What powerful psychological facts do the Twilight books hide? Authentic happiness. True love. Super self-control. Mastering emotional pain. Spiritual growth. Discover the Twilight world's best mental health secrets and more - and increase your psychological power.

Dr Julie-Anne Sykley is a prize-winning Australian psychologist with more than 20 years professional experience helping people from many walks of life.

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