



Couples Therapy: Feminist Perspectives (Monograph Published Simultaneously As Women & Therapy , Vol 19, No 3)

Esther D Rothblum, Marcia Hill

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How can you provide effective, meaningful therapy to couples with whom you have little or nothing in common? Couples Therapy: Feminist Perspectives addresses some of the inadequacies, omissions, and assumptions in traditional couples therapy to help you face the issues of race, ethnicity, and sexual orientation in helping couples today. In this book, you'll uncover perspectives that are grounded in an appreciation of cultural context, the effects of privilege, and the centrality of a respectful stance on the part of the therapist. Anyone seeking to do informed and responsive work with couples in distress will find it a useful and valuable compilation. Couples Therapy: Feminist Perspectives describes a variety of feminist approaches to couples therapy--giving you a sense of the range of feminist practice in this area and illustrating approaches you can integrate into your work with couples. Specific topics you'll explore include:

- cultural considerations in couples therapy
- narrative approaches to couples therapy
- dilemmas in working with heterosexual couples
- working with lesbian couples
- the particular issues of interracial couples
- the African-American lesbian couple
- empathy and mutuality in therapy with couples

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