

# Getting Beyond Bullying and Exclusion, PreK-5: Empowering Children in Inclusive Classrooms

Ronald Mah



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Children with challenges can encounter difficulties in navigating their journeys within inclusive classrooms. This book focuses on the vulnerabilities of youngsters to be bullied, especially those with learning disabilities, attention deficit hyperactivity disorder, Asperger syndrome, and gifted abilities, and also discusses why these children sometimes become bullies themselves.

*Getting Beyond Bullying and Exclusion, PreK–5* deepens teachers' understanding of common challenges and provides an intimate and realistic view of how children with special needs can become easy targets for bullies. The book also shows how adults can inadvertently facilitate the development of victim behavior in children or contribute to the development of bully personalities. With an abundance of tried-and-true techniques for helping children manage emotions and build on their strengths, this book examines:

- $\cdot$  Bullying styles, including classic male and female models
- $\cdot$  How teachers can prevent and stop bullying
- · Methods for intervening early before a negative dynamic progresses into middle or high school
- · Strategies for working with overprotective parents
- · A "Ninety-Second-a-Day Self-Esteem Prescription Plan" to improve children's self-image

Ideal for both teachers and counselors, this book increases the sensitivity and expertise that educators need to help children with special needs become more resilient and experience success at school.

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