



Rethinking Rehabilitation: Theory and Practice (Rehabilitation Science in Practice Series)

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Rethinking Rehabilitation: Theory and Practice presents cutting-edge thinking on rehabilitation from a range of leading rehabilitation researchers.

The book emphasizes discussion on the place of theory in advancing rehabilitation knowledge, unearthing important questions for policy and practice, underpinning research design, and prompting readers to question clinical assumptions. Each author proposes ways of thinking that are informed by theory, philosophy, and/or history as well as empirical research. Rigorous and provocative, it presents chapters that model ways readers might advance their own thinking, learning, practice, and research.

Each of the 14 chapters tackles a specific issue of interest *rethinking theory and practice* in rehabilitation. The authors:

- Rethink core processes in rehabilitation, such as goal setting, teamwork, communication with clients, and outcome measurement
- Rethink how rehabilitation services and interventions might better 'fit' clients and address what matters most to them and their families
- Rethink research designs, considering how to enhance the understanding of the "why" behind the findings

This book will be especially helpful to rehabilitation professionals and students who want to develop and improve their practice, or research, but might not know where to start. With contributions from an international and multidisciplinary team, this book is essential reading for all involved in rehabilitation.

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