



Adlerian Lifestyle Counseling: Practice and Research

Warren R. Rule, Malachy Bishop

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A rare balance of both practical application and empirical research investigation, *Adlerian Lifestyle Counseling* provides mental health practitioners with an invaluable resource on the theories of counseling pioneer Alfred Adler. Warren R. Rule and Malachy Bishop, both reputed authorities on rehabilitation counseling and Adlerian theory, present useful practitioner consideration and applications, preparing the reader for a wide variety of counseling situations. Research studies also included in this volume - on topics scanning career choice, parental behavior, personal characteristics, and more - ground these practices in a basic theoretical framework. Adlerian theory is a popular and powerful approach that respects the uniqueness and creative potential of the individual. This comprehensive collection on the topic is a significant addition to the counseling research canon.

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